

Winter 2010

QVMC Connections

A quarterly newsletter provided to our community and written by the staff, healthcare professionals, volunteers and foundation members of the Quincy Valley Medical Center



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QVMC News

QVMC Leadership

We are proud to present the Commissioners and Foundation Board members of our organization.

BOARD OF COMMISSIONERS:

Anthony Gonzalez, Chairman
Randy Zolman, Secretary
Don Condit
Robert Poindexter
Darrell Van Dyke
Mehdi Merred, QVMC CEO

HOSPITAL FOUNDATION:

Verna Teeter, President
Ron Stadig, Vice President
Dalene Kunkel, Treasurer
Justin Ashley, Secretary
Larry Aliment, Director
Carol Bryan, Director
Mark Call, Director
Jack Tobin, Director
Michele Wurl, Executive Director
Mehdi Merred, QVMC CEO

Administration

Dear Community Members:

As we are wrapping up 2010, I am especially thankful for the employees who have committed themselves professionally and emotionally to Quincy Valley Medical Center. Through their efforts and dedication, we continue to provide excellent quality of care while maintaining financial stability, and giving our community "small town" compassionate care.

It is significant to report to you that in the final weeks before Christmas we underwent regularly scheduled inspections by the Department of Health, Medicare, the State Fire Marshal, State Auditor and the State Board of Pharmacy. These inspections are the means by which we are not only licensed, but evaluated to determine the appropriateness of the care we provide, the policies which support our processes,



Mehdi Merred
QVMC CEO

and the financial solvency of the organization. I am very pleased to announce that in every inspection the outcomes were the most positive that we have experienced. The Department of Health Inspector and the Fire Marshal both expressed their sincere belief that Quincy Valley Medical Center is in the best condition that they have witnessed. I am extremely proud of our staff and of the care that they provide daily in the hospital, the Emergency Department and the ancillary care departments. This is even more remarkable recognizing that they are achieving high standards under tight budget constraints and limited physical resources.

In 2010, we have also seen encouraging growth in our Surgery Department. We have successfully partnered with Dr. Thomas Steffens, who has built strong referral relationships with both Quincy Community Health Clinic and the medical staff of Columbia Basin Hospital in Ephrata.

The number of surgeries and procedures performed during the last week of December is double the monthly numbers we experienced at the beginning of 2010. This year one of my focuses has been to enhance patient and employee safety. We have taken part in disaster preparedness training and we are the only hospital in this region to have participated in an actual "evacuation drill." Our "safe patient handling" program has become a focus of employee training. Our Hospital Incident Command System and Environment of Care policies have been completely updated to the most current standards in the state. Through the generous donation of the Quincy Hospital Foundation, we now offer Bone Density testing with the highest quality equipment and well-trained technicians. Our staff has worked tirelessly, and I congratulate them for this productive year.

I am looking forward with anticipation to continuing this growth and momentum in 2011. Just recently, the hospital has invested 1.5 million dollars to completely convert its paper-format medical record into an electronic system. The conversion will happen in the first quarter of the year and will involve many aspects of the hospital including medical records, payroll, billing, purchasing and inventory.

You may have read that we recently purchased the two parcels of property adjacent to the hospital campus. We now own the entire city block, giving us room to consider the possibility of opportunities for growth. We are in the beginning stages of contracting services to explore the feasibility of future expansion.

As we celebrate the coming new year, I want to thank you for your continuing support of Quincy Valley Medical Center. We are working diligently to ensure the highest level of medical care in 2011 for each of our community members and those who visit our local area. Please accept on behalf of our Board of Commissioners, our Employees and our Medical Staff, my warmest wishes for a Healthy New Year.

Sincerely,
Mehdi Merred, CEO



QVMC in Numbers

\$11.3M

Total Annual Operating Expense

15,881 (YTD 11/30/10)
Laboratory test performed

100,330 (YTD 11/30/10)
Pounds of laundry

20.5 (YTD 11/30/10)

Long-term care average daily census

5,530 (YTD 11/30/10)
SageView Clinic Visits



217 (YTD 11/30/10)

Surgeries performed

3,470 (YTD 11/30/10)
Emergency Room Visits

38,168 (YTD 11/30/10)
Meals prepared



QVMC Medical Staff



Mark Vance, M.D., Chief of Staff

Dr. Vance completed undergraduate studies at Brigham Young University and received his Medical Doctorate from St. Louis University School of Medicine. He served an internship in Psychiatry at Portsmouth Naval Medical Center and completed his Residency at Southern Illinois University. Previous to coming to the Community Health Clinic in Quincy, Dr. Vance worked as a Naval Ship Physician on the USS Kalamazoo. Dr. Vance works as an Emergency Room physician and has admitting privileges at Quincy Valley Medical Center. Dr. Vance, his wife and their 5 children are very involved in the Quincy community. He is actively involved in the Quincy Valley Allied Arts and has appeared in several local plays and musicals.



Mary Klingner, M.D.

Dr. Klingner completed her undergraduate studies with honors at the University of Missouri majoring in Biology. She received her MD from the University of Missouri, Cum Laude in 1998. Dr. Klingner completed her residency in family practice at Southern Illinois University in 2001. She practiced in Quincy, IL prior to moving to Washington in 2003 to teach residents and medical students at a University of Washington affiliated family practice residency program. Prior to coming to Quincy Valley Medical Center, Dr. Klingner worked at Central Washington Hospital's Women's Health Center. Her medical interests are Diabetes, Women's Health and Occupational Medicine.



Thomas Steffens, D.O., General Surgeon

Dr. Steffens completed his undergraduate studies at the University of Colorado in Boulder, majoring in Microbiology. He received his D.O. degree from the Chicago College of Osteopathic Medicine in 1981. After completing rotating internships and going in to general practice, Dr. Steffens entered the surgical residency program at Brighton Medical Center, where his last two years were served as a Captain in the US Air Force. He is Board Certified by the American Osteopathic Board of Surgery and is a Fellow in the American College of Osteopathic Surgeons. Dr. Steffens' clinical interest include advanced laparoscopic surgery, in particular anti-reflux surgery and hernia repair. In addition, he performs colonoscopies and EGDs.



Anna Espiritu, M.D.

Dr. Espiritu completed her undergraduate studies and Medical Doctorate at the University of the Philippines. Her Internship and Residency in Family Medicine was completed at In His Image in Tulsa, Oklahoma. Dr. Espiritu joined Quincy Community Health center in September of 2009. She has hospital admitting privileges at Quincy Valley Medical Center. Her interests include all phases of family medicine and her primary objective is to improve the quality of health care for families in the Quincy community.



Maria Celeste Lomarda, M.D.

Dr. Lomarda completed undergraduate studies at the University of the Philippines College of Medicine, in Manila, Philippines. Her Internship and Residency was completed at Summa Health System, Akron City Hospital in Akron, Ohio. Dr. Lomarda joined the Quincy Community Health Center in September of 2009. She has hospital admitting privileges at Quincy Valley Medical Center. Dr. Lomarda is the eldest of four children, three of whom still reside in the Philippines. Interested in Public and Women's Health, she hopes to work with the women here in the Quincy community.



Charlene Brush, ARNP, SageView Family Care Clinic

Charlene completed the highly competitive and prestigious Advanced Practice Nursing Immersion Program at Seattle University in 2007 through the Family Nurse Practitioner track, with an emphasis on rural health care. She is board certified for family practice by the American Academy of Nurse Practitioners. Charlene's research focus has been on childhood nutrition for the prevention of chronic disease in adults, especially through increased consumption of fruits and vegetables. She has been a member of the Washington Rural Health Association since 2002 and is a member of the American Academy of Nurse Practitioners.



Rhonda Ramm, ARNP, SageView Family Care Clinic

In 2007, while going to school to receive her Master's in Nursing, Rhonda came to Quincy Valley Medical Center to work as an Emergency/Acute Care Charge Nurse and to complete her Family Internship with QVMC physician Dr. Mary Klingner. In 2008, after graduating Summa Cum Laude and being named Master Nursing Student of the Year at Washington State University College of Nursing in Spokane, we were happy to welcome Rhonda back to QVMC as our newest nurse practitioner at SageView Family Care Clinic. She has experience in mental health, adult care, internal medicine, pediatrics, orthopedics, dermatology, family medicine and OB/Gynecology.



QVMC Services



Quincy Valley Medical Center Services

- Hospital
- Long-term hospital services
- Emergency services
- Family care clinic
- Laboratory
- Radiology
- Surgery
- In-patient Physical Therapy
- Out-patient Physical Therapy
- Cosmetic Therapy
- Community and Provider training courses
- Social Services
- Activities Program

SageView Family Care Services

In addition to the treatment of physical illnesses and injuries, SageView also provides:

- Laboratory tests and X-rays
- Monthly mobile mammography service
- Weekly mobile MRI service
- Cosmetic Therapy including BOTOX & Dermal Fillers
- Physical examinations: Pre-employment, routine and annual
- CDL's physicals: Any person applying for a Commercial Drivers License
- Minor surgery including skin biopsies
- Colonoscopy
- Endoscopy
- Work related injury treatment
- Cholinesterase monitoring services
- Sports physicals
- Well baby and child exams
- Breast & cervical exams
- Health Program (BCHP)
- Pulmonary function testing
- Respirator fit testing
- Respirator medical testing
- Blood pressure screening
- Women's health care
- Patient health and disease education
- Immunizations
- TB screening
- Hyperhidrosis treatment (excessive sweating)
- FREE diabetic or nutritional consult with doctor's referral.



Special Services

- Podiatry
- Massage Therapy
- Mental Health Counseling
- On-Site Business & Education Institution Clinics: Do you have a group which would like information on our services or a specific health topic? Our staff and medical providers would welcome the opportunity to come meet your members and answer your health questions.
- On-site Flu Shot Clinics
- DSHS (Department of Social and Health Services) Available on-site every week.

Bilingual staff and interpreters are available for our Spanish-speaking patients.

See our website for more information on any of these services
www.quincyhospital.org

Quincy Valley Medical Center

908 Tenth Avenue Southwest, Quincy, WA 98848 | Phone: (509) 787-3531 | Facsimile: 787-2016
Website: www.quincyhospital.org Email: quincyhospital@inhs.org Español: (509) 787-3531



Foundation Summary



Michele Wurl
Executive Director

The success of the Quincy Valley Hospital Foundation is dependent upon you, our community member. We are thankful for the continued support we have received over the last 20 years and would like to acknowledge everyone who has donated to the Foundation in 2010 on the following page.

The Foundation hosted three events in 2010. Whether you donated your time, money, supplies or participated in the event we thank you. Below is a recap of our activities in 2010. We look forward to bringing more exciting events to Quincy in 2011. Watch for the Spring Connections Newsletter for more information on these upcoming activities.

Spring Swing - May 8, 2010 at Colockum Ridge (Senior Project)

Web Link: <http://www.quincyhospital.org/ss-Q2010.htm>

This annual golf tournament is sponsored by Quincy High School seniors. The Foundation would like to thank Karisa Arizmendi, Breck Field and Kaylee Keller for their hard work and dedication to the project. The event was a great success!



Red Wine and Blues 4 - July 17, 2010 Parties on the Green

Web Link: <http://www.quincyhospital.org/rwb-Q2010.htm>

This year's Red Wine and Blues featured a hand painted water color from Kerry Siderius capturing the essence of the event. The summer evening was full of great food, music and fun for everyone in attendance. Thanks go out to all of our loyal supporters of the event.



Evening of Elegance Auction - November 13, 2010

Web Link: http://www.quincyhospital.org/qvmc_calendar.htm

Every other year the Hospital Foundation puts together an exciting fund-raising auction. 2010 was our chance to do it again. Community members gathered last month for an elegant night out with friends and raised money for essential programs at our hospital. Thank you! We look forward to doing it again in 2012!



With our Heartfelt Appreciation...

Gifts given to the Quincy Valley Medical Center and the Quincy Valley Medical Center Foundation have a direct impact on the lives of those we serve. We would like to thank all of those who have supported our facility in 2010.

Memorials

In Memory of

Al & Mary Grebb
Don & Violet Grebb

In Memory of

Clarence Overen
Debra Adams-Parrish
Glendalyn Jones
Evelyn Kulm
Georgian Overen
Henry Overen
Herbert Petrak
Anne M. York

In Memory of

Larry Omlin
Verna & Gerald Teeter

In Memory of

Ruth Stousland
Mark & Lucille Call

In Memory of

Betty Durant
Verna & Gerald Teeter

In Memory of

Victor Kreimeyer
Ruth Anna Atwood
Merle Baldwin
Lynn Brown
Jackie Flinn
Maydene Heintz
Isabelle Henson
Agnes Holloway
Glendalyn Jones
William Judge
The Culture Club
Ronald Kreimeyer
Jim & Beverly Patterson
Donna Selby
Jennie Tolsma
William & Sylvia Wurl
Todd & Michele Wurl
Roxa Kreimeyer

In Memory of

Marguerite Collins
The Culture Club

Dedicated Gifts

Paul Lauzier Charitable Foundation - \$25,000

Anesthesia Machine

Quincy Valley Kiwanis - \$2,000

Bilirubin blanket & light

US Dept. of Agriculture - \$22,1000

Bone Density Machine

AZ Wells Foundation - \$38,156

i-Stat Machine
Employee Training
Quality Improvement Program
Grounds Improvement

John R. Cedergreen Fund

Foundation General Fund

QVMC Grounds Improvement

Colleen Canfield

Foundation General Fund Donors

Snap & Rita Keene
Mehdi & Aleeta Merred
Verna & Gerald Teeter
Richard & Denise Burkenpas

Employee Gifts

Monthly Payroll Deductions - \$2,346

Glenda Bishop
Charlene Brush
Ellen Buchana
JoAnn Garces
Lily Medrano
Mehdi Merred
Lisa O'Neel
Kelly Robison
Rod Shrader
Alene Walker
Laurie Wittman
Michele Wurl
Amy York

Items funded through the Foundation in 2010

- Electric range
- Low temperature dishwasher
- Clinic lobby remodel
- Anesthesia machine
- Memory garden flag pole
- Counter top steamer
- Commercial floor scrubber
- North Wing roof repair
- Tympanic thermometers
- End title CO2 monitor
- Bilirubin blanket & light
- Stryker stretcher
- Dining room tables

\$94,769

In memory of _____

My (our) gift of \$ _____ is enclosed.

To be used where needed most To be used for _____

My (our) name _____

Address _____

Phone/Email: _____

Quincy Valley Medical Center Foundation
908 10th Avenue SW, Quincy, WA 98848
(509) 787-5349



QVMC Opportunities

QVMC Wish List - You CAN make a difference!

Maintaining excellence in healthcare is a challenge. It takes the generosity of employees, physicians, patients, family members, friends and community businesses to help provide the philanthropic support necessary to keep pace with the latest advances in technology and to support the growth and maintenance of our aging facility.

We are currently seeking the generous funding, donation and/or assistance for the items listed below. For further information on any of these items, please see our website at <http://www.quincyhospital.org/wishlist.htm> or contact Michele Wurl at 509-787-5349.



- Adjustable patient beds: \$1,800/bed (need 10 beds)
- Adjustable UBE table for Physical Therapy: \$1,213
- Bi-direction upper body exerciser: \$1,321
- Blinds for Physical Therapy Clinic: \$2,158
- Fire protection for software & specific records: \$5,000
- Flat screen TV and cart for inpatient Physical Therapy: \$500
- Flowers for the Memory Garden
- Game Ready: \$4,000
- Hand therapy table: \$1,969
- Hoist H4400 4 stack multi gym: \$8,842
- Lab condensing coil (Lab cooling system): \$70,000
- Medical center facilities truck: \$15,000
- MicroFet3/Combo manual muscle tester: \$2,027
- MicroFet 5 intelligent inclinometer: \$1,866
- New computers & misc peripherals for QVMC: \$70,000
- New surgery instrument table, case & cabinets: \$22,000
- Personnel ID badge system: \$1,200
- Power mat platforms for inpatient Physical Therapy: \$5,174
- Quantum combination series adjustable cable column: \$3,911
- Sexual assault nurse training: \$2,700
- Shuttle 2000-1 clinic plus package: \$7,871
- Therapeutic equipment for long-term care patients: \$2,000
- Tri-Core balance and stabilization multistation: \$6,469
- Vectra genusys therapy system with Cart: \$5,665
- Vital sign machine: \$3,300
- Wall compact stereo with Ipod docking station for PT: \$145
- Wii System for Physical Therapy patients: \$377

In memory of _____

My (our) gift of \$ _____ is enclosed.

To be used where needed most To be used for _____

My (our) name _____

Address _____

Phone/Email: _____

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Current Job Openings

At QVMC, the care we deliver is only as good as the people who deliver it. Just as we're passionate about caring for our patients, we're equally passionate about caring for the individuals who make up the QVMC Hospital team.

To see the positions we currently have available, please visit our website at www.quincyhospital.org/career_opportunities.htm, or contact Alene Walker at 509-787-5369.

"Small" items you can donate today

- * Washable crayons and markers for children
- * Wrist weights to assist patients in their recovery efforts
- * Large print books
- * DVD movies and musical CDs
- * Walking canes
- * Miscellaneous crafts for resident enjoyment
- * Portable TV/DVD players
- * Tables and chairs for use by our long-term care residents
- * Record players and old records for our long-term care residents' enjoyment

