

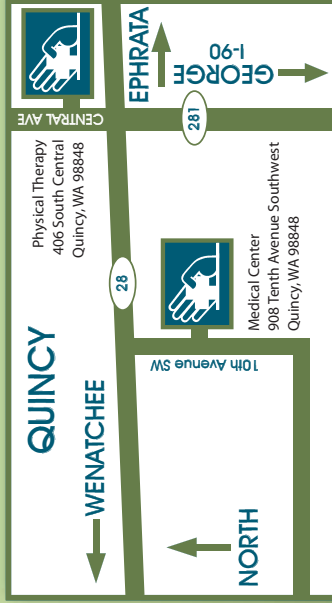
Rhonda Ramm, ARNP, MN, FNP, BSN
SageView Family Care



Rhonda graduated Summa Cum Laude in 2008 from Washington State University College of Nursing after being named Nursing Student of the Year. She has experience in mental health, adult care, internal medicine, pediatrics, orthopedics, dermatology, family medicine and OB/Gynecology. Rhonda is board certified in family practice by the American Academy of Nurse Practitioners and has been trained in Aesthetic Advancements by the Postgraduate Institute for Medicine.



SAGEVIEW
FAMILY CARE
a Healthcare Professionals & Surgeons Group



SageView Family Care

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www.quincyhospital.org/clinic.htm

Located at the front entrance of Quincy Valley Medical Center, SageView provides compassionate quality care from trained professionals who offer a variety of services and are aided by the support of many specialists.



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What is BOTOX®?

BOTOX® Cosmetic diminishes or eliminates so-called dynamic wrinkles in the face. BOTOX® Cosmetic acts by relaxing the muscles that cause dynamic wrinkles. BOTOX® Cosmetic is injected into the muscle and prevents the muscle from contracting by blocking the transmission of nerve impulses to the muscle. Because the muscle cannot contract, the wrinkle relaxes.

BOTOX® Cosmetic is mainly used to treat dynamic wrinkles in the upper third of the face. However, many physicians use it to cosmetically treat other areas of the face and neck. Moreover, BOTOX® Cosmetic has also been used to treat migraine headaches and even excessive underarm sweating.



How many treatments will I need?

Usually, one treatment is all that is needed, and the effect lasts for 3-6 months.

How much do BOTOX® Cosmetic injections cost?

Injections can range from several hundred to several thousands of dollars, depending on the number of areas that are injected. Cost is determined by number of units used. During your consultation, a plan will be developed and costs will be outlined. To maintain the effect, injections need to be repeated, at additional costs.

Procedures Performed

The list below is a summary of services provided. For more information, see our website at www.quincyhospital.org/clinic.htm or call 509-787-3503 and schedule a consultation with Rhonda Ramm.

- ↳ horizontal forehead lines
- ↳ frown lines
- ↳ crows feet
- ↳ tear troughs
- ↳ brow augmentation
- ↳ deep folds
- ↳ cheek or chin augmentation
- ↳ marionette lines

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What are dermal fillers?

Dermal fillers are substances injected just below the surface of the skin to fill in lines, wrinkles, and scars. Unlike face lifts that stretch the skin, fillers add volume for a more natural, youthful appearance. The most common areas treated are:

- ↳ smile lines around the nose and mouth
- ↳ fine lines above the mouth
- ↳ frown lines between the eyes
- ↳ acne scars

How many treatments will I need?

Depending on the area treated, most folds and wrinkles require one treatment. The repeat maintenance is not usually required for six months or longer.



How much will treatment cost?



Injections can range from several hundred to several thousands of dollars, depending on the number of areas that are injected. Cost is determined by the number of syringes used. During your consultation, a plan will be developed and costs will be outlined. To maintain the effect, injections need to be repeated, at additional costs.